

# **Effects of Liver Disease on Pharmacokinetics**

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# GOALS of **Liver Disease** Effects Lecture

- \* Estimation of **Hepatic Clearance**
- \* Effect of **Liver Disease** on Elimination:
  - *RESTRICTIVELY* Eliminated Drugs
  - *NON-RESTRICTIVELY* Eliminated Drugs
- \* **Other Effects** of Liver Disease:
  - Renal Function
  - Drug Distribution
  - Drug Response
- \* **Modification of Drug Therapy** in Patients with Liver Disease

# *ADDITIVITY* of Clearances

$$CL_E = CL_R + CL_{NR}$$



ESTIMATED FROM  
PLASMA LEVEL-  
VS.-TIME CURVE



ESTIMATED FROM  
RECOVERY OF  
DRUG IN URINE



ESTIMATED  
AS  $CL_E - CL_R$

# CALCULATION OF $CL_H$

$$CL_H = CL_E - CL_R$$

ASSUMES  $CL_H = CL_{NR}$

# Drug Elimination by Different Routes

| <i>MEASUREMENTS</i>    | RENAL | HEPATIC | DIALYSIS |
|------------------------|-------|---------|----------|
| Blood Flow             | +     | +       | +        |
| <i>A</i> FFERENT Conc. | +     | +       | +        |
| <i>E</i> FFERENT Conc. | 0     | 0       | +        |
| Eliminated Drug        | +     | 0       | +        |

\*not actually measured in routine PK studies

# FICK EQUATION

$$Cl = Q \left[ \frac{A - V}{A} \right]$$

$$E = \left[ \frac{A - V}{A} \right]$$

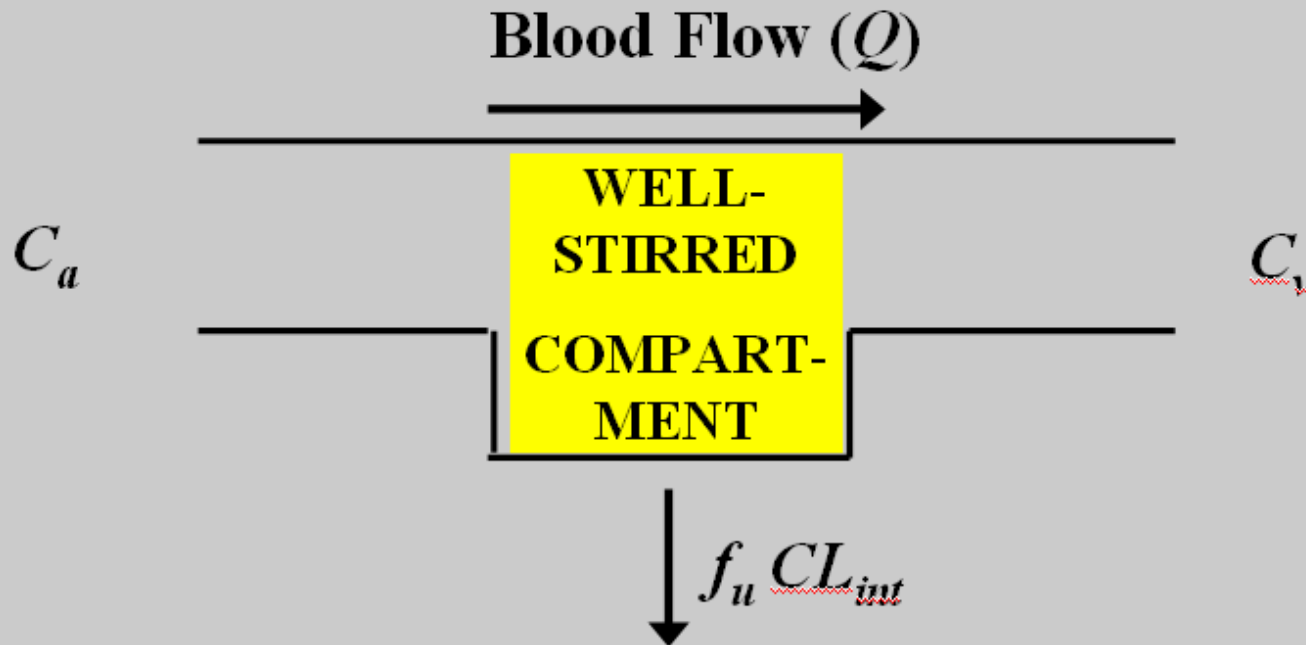
$$\text{So } Cl = Q \bullet E$$

**A = CONCENTRATION ENTERING LIVER**

**V = CONCENTRATION LEAVING LIVER**

**Q = HEPATIC BLOOD FLOW**

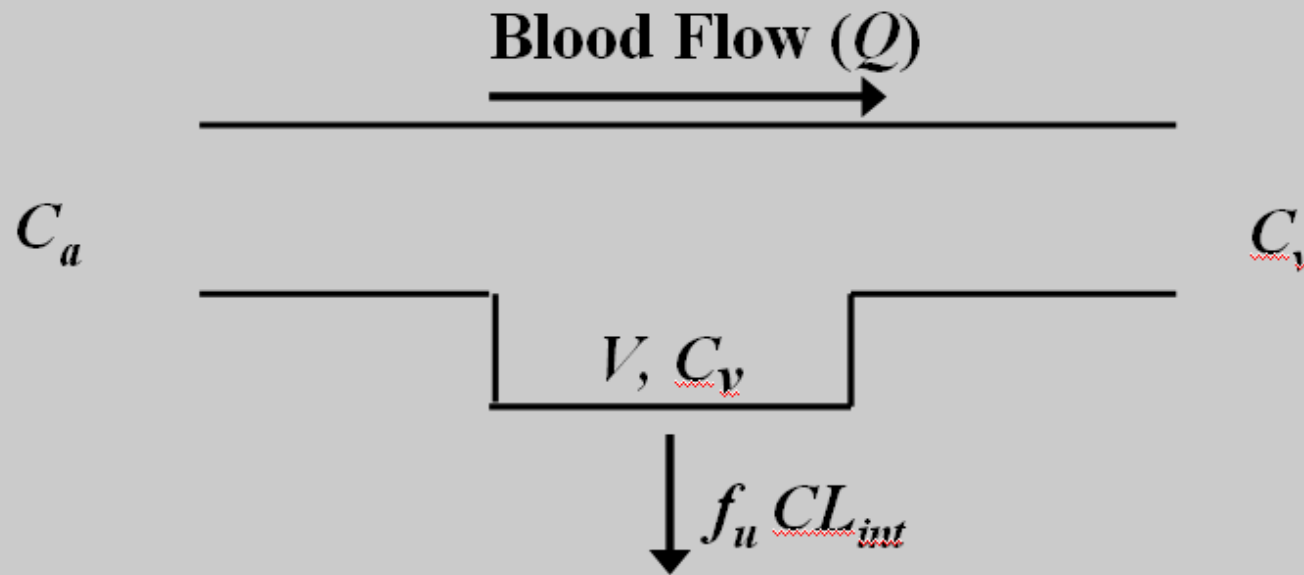
# Derivation of *ROWLAND EQUATION (I)*



$f_u$  = FRACTION OF DRUG THAT IS UNBOUND

$CL_{int}$  = HEPATIC CLEARANCE IN ABSENCE  
OF BINDING RESTRICTION

# Derivation of *ROWLAND EQUATION (II)*

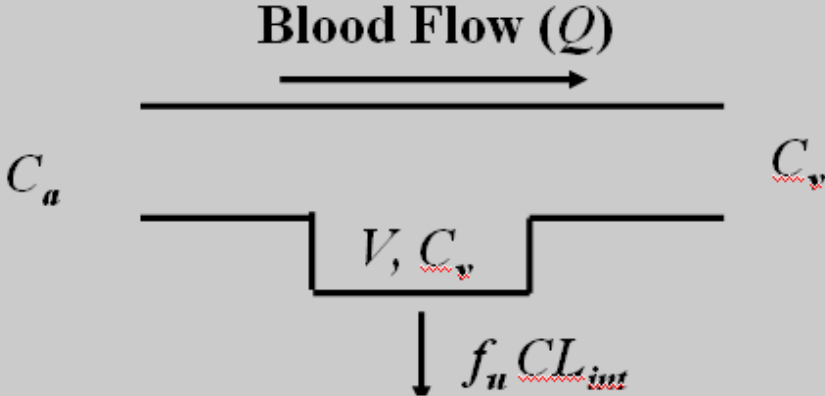


**MASS BALANCE EQUATION :**

$$V \frac{dC_v}{dt} = QC_a - QC_v - f_u CL_{int} C_v$$



# Derivation of *ROWLAND EQUATION (III)*



at steady state :

$$QC_a - QC_v - f_u CL_{int} C_v = 0$$

so :

$$Q(C_a - C_v) = f_u CL_{int} C_v$$

$$QC_a = (Q + f_u CL_{int}) C_v$$

therefore :

$$ER = \frac{C_a - C_v}{C_a} = \frac{f_u CL_{int}}{Q + f_u CL_{int}}$$

# ROWLAND EQUATION

## *WELL-STIRRED COMPARTMENT*

$$CL_H = Q \cdot E = Q \cdot \left[ \frac{f_u CL_{int}}{Q + f_u CL_{int}} \right]$$

### TWO LIMITING CASES:

***RESTRICTIVELY*** METABOLIZED DRUGS ( $Q \gg f_u CL_{int}$ ):

$$CL_H = f_u CL_{int}$$

***NON-RESTRICTIVELY*** METABOLIZED DRUGS ( $f_u CL_{int} \gg Q$ ):

$$CL_H = Q$$

# *PARALLEL TUBE MODEL* of Hepatic Clearance

$$CL_H = Q \cdot E = Q \cdot \left[ 1 - e^{-\frac{f_u CL_{int}}{Q}} \right]$$

## TWO LIMITING CASES:

***RESTRICTIVELY METABOLIZED DRUGS*** ( $Q \gg f_u CL_{int}$ ):

$$CL_H = f_u CL_{int}$$

***NON-RESTRICTIVELY METABOLIZED DRUGS*** ( $f_u CL_{int} \gg Q$ ):

$$CL_H = Q$$

# ***RESTRICTIVELY and NON-RESTRICTIVELY Eliminated Drugs***

## **RESTRICTIVELY METABOLIZED DRUGS:**

**Phenytoin**

**Warfarin**

**Theophylline**

## **NON-RESTRICTIVELY METABOLIZED DRUGS:**

**Lidocaine**

**Propranolol**

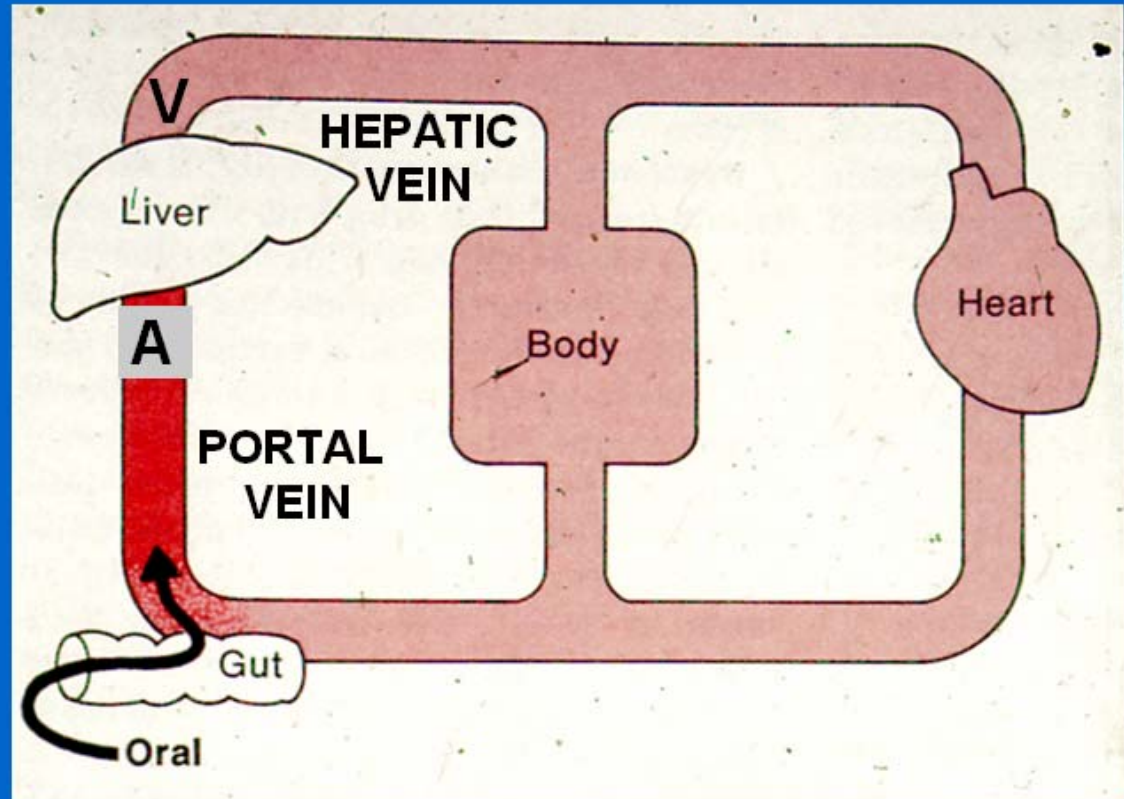
**Morphine**

# HEPATIC *FIRST-PASS* METABOLISM

$$E = \frac{A - V}{A}$$

IF  $E = 1$ :  $V = 0$

IF  $E = 0$ :  $V = A$



# *NON-RESTRICTIVELY* Eliminated Drugs

$$Cl_H = Q = Q \bullet ER$$

$$\text{FOR : } ER = \left[ \frac{A - V}{A} \right] \Rightarrow 1, V \Rightarrow 0$$

$$\text{BUT : } F = 1 - ER, \text{ So } F \Rightarrow 0$$

**THESE DRUGS HAVE EXTENSIVE FIRST-PASS METABOLISM**

# *ACUTE* VIRAL HEPATITIS

- \* Acute inflammatory condition
- \* Mild and *transient changes* related to extent of disease in most cases. Infrequently severe and fulminant
- \* *May become chronic* and severe
- \* Changes in drug disposition less than in chronic disease
- \* *Hepatic elimination returns to normal* as disease resolves

# *CHRONIC* LIVER DISEASE

- \* Usually related to **chronic alcohol use** or **viral hepatitis**
- \* *Irreversible* hepatocyte damage
  - Decrease in *SERUM ALBUMIN* concentration
  - Decrease in *INTRINSIC CLEARANCE* of drugs
  - Intrahepatic and extrahepatic *shunting* of blood from functioning hepatocytes
  - *FIBROSIS* disrupts normal hepatic architecture
  - *NODULES* of regenerated hepatocytes form



# ***RESTRICTIVELY* Metabolized Drugs:**

## **Effects of LIVER DISEASE**

$$CL_H = f_u CL_{int}$$

|                        | $CL_H$ | FREE CONC. |
|------------------------|--------|------------|
| ↓ ALBUMIN              | ↑      | NO CHANGE  |
| ↓ $CL_{int}$           | ↓      | ↑          |
| PORTOSYSTEMIC SHUNTING | ↓      | ↑          |

# ***RESTRICTIVELY* Metabolized Drugs: Effect of PROTEIN BINDING Changes**

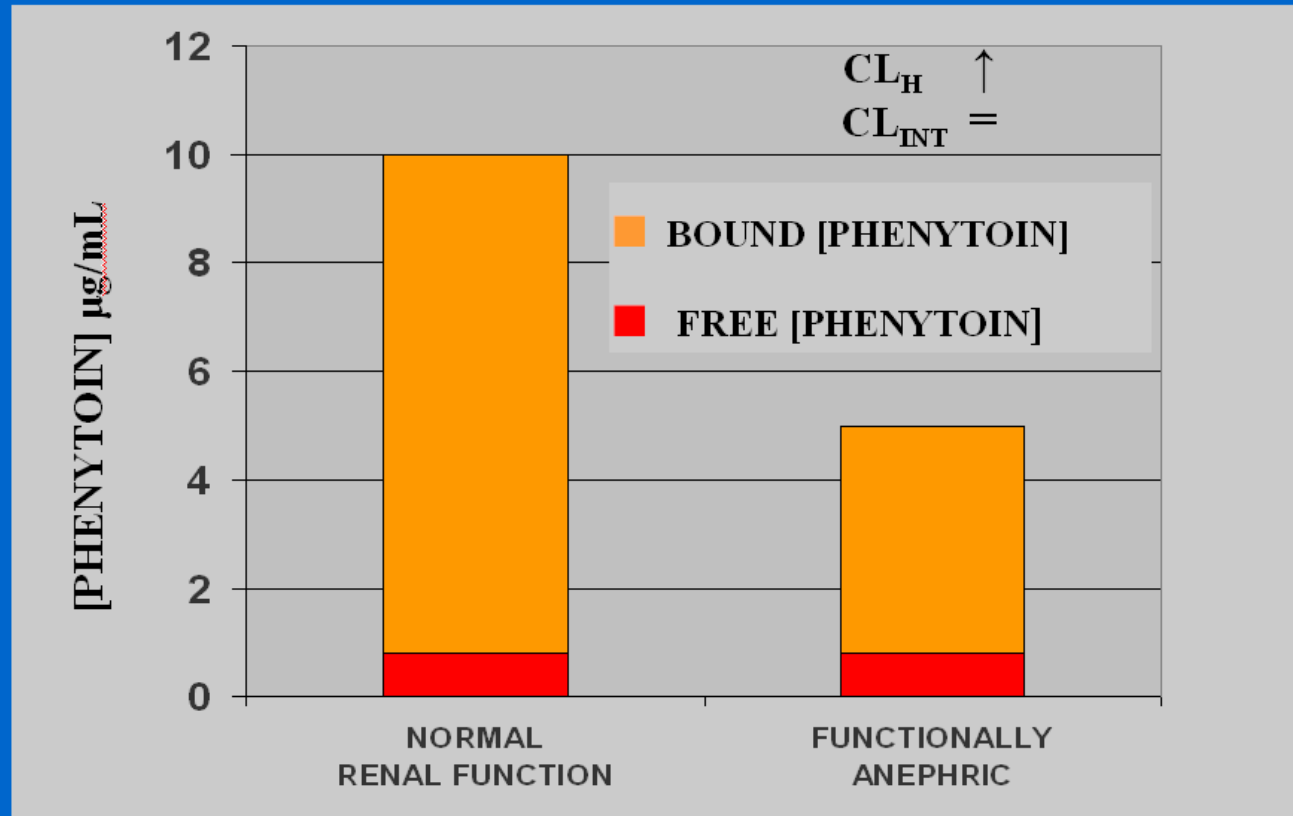
$$\overline{C}_{ss} = \frac{\text{DOSE} / \tau}{CL_H}$$

**FOR RESTRICTIVELY ELIMINATED DRUGS:**

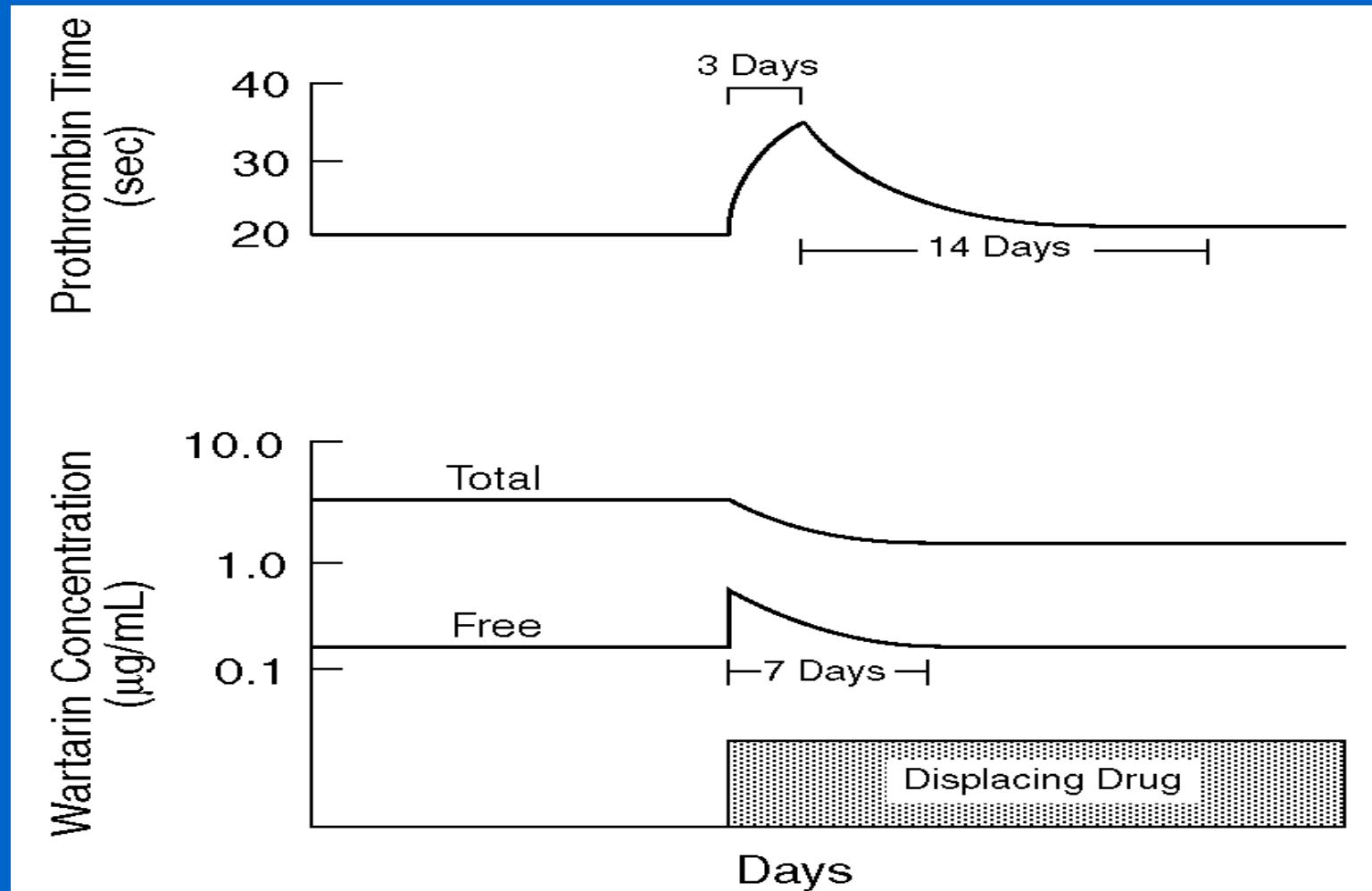
$$CL_H = f_u CL_{int}$$

$$\text{FREE CONC.} = \overline{C}_{ss} \cdot f_u = \frac{f_u}{f_u} \frac{\text{DOSE} / \tau}{CL_{int}}$$

# *FREE* and *TOTAL* PHENYTOIN Levels (DOSE = 300 MG/DAY)



# *RESTRICTIVELY* Metabolized Drugs : Effect of **PROTEIN BINDING** Changes



# *RESTRICTIVELY* Metabolized Drugs:

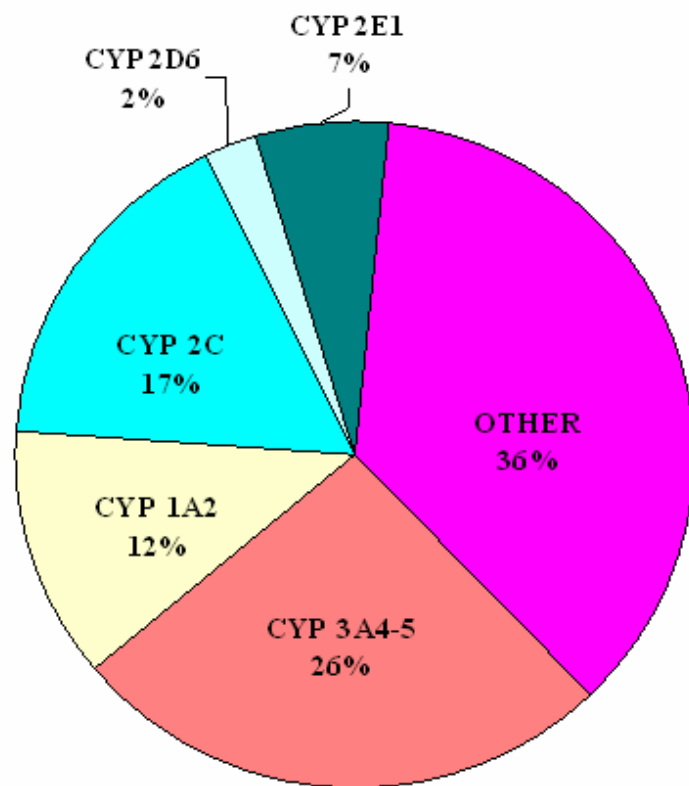
## Effects of **LIVER DISEASE**

$$CL_H = f_u CL_{int}$$

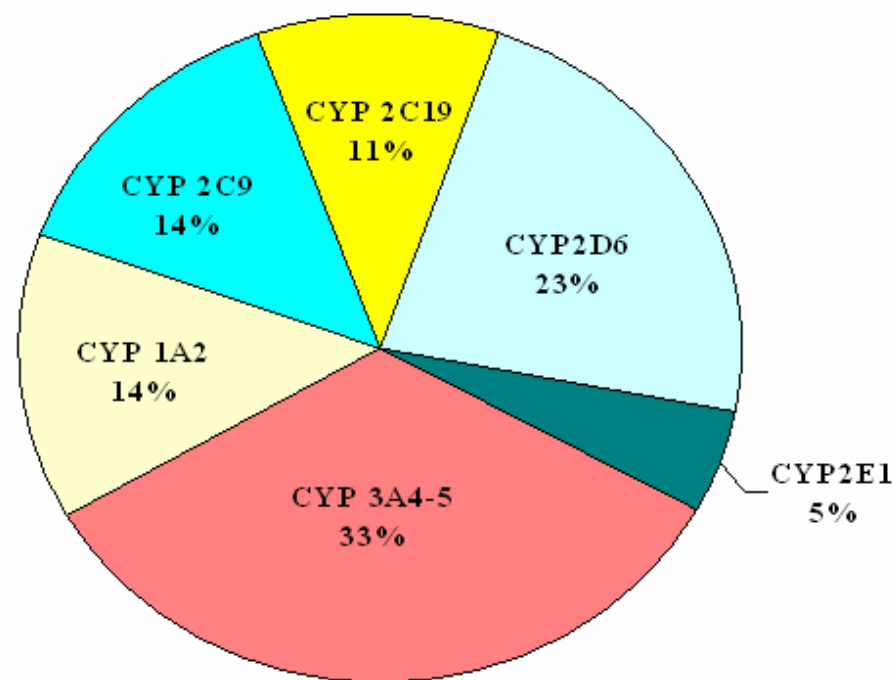
|                        | $CL_H$ | FREE CONC. |
|------------------------|--------|------------|
| ↓ ALBUMIN              | ↑      | NO CHANGE  |
| ↓ $CL_{int}$           | ↓      | ↑          |
| PORTOSYSTEMIC SHUNTING | ↓      | ↑          |

# Role of *CYP ENZYMES* in Hepatic Drug Metabolism

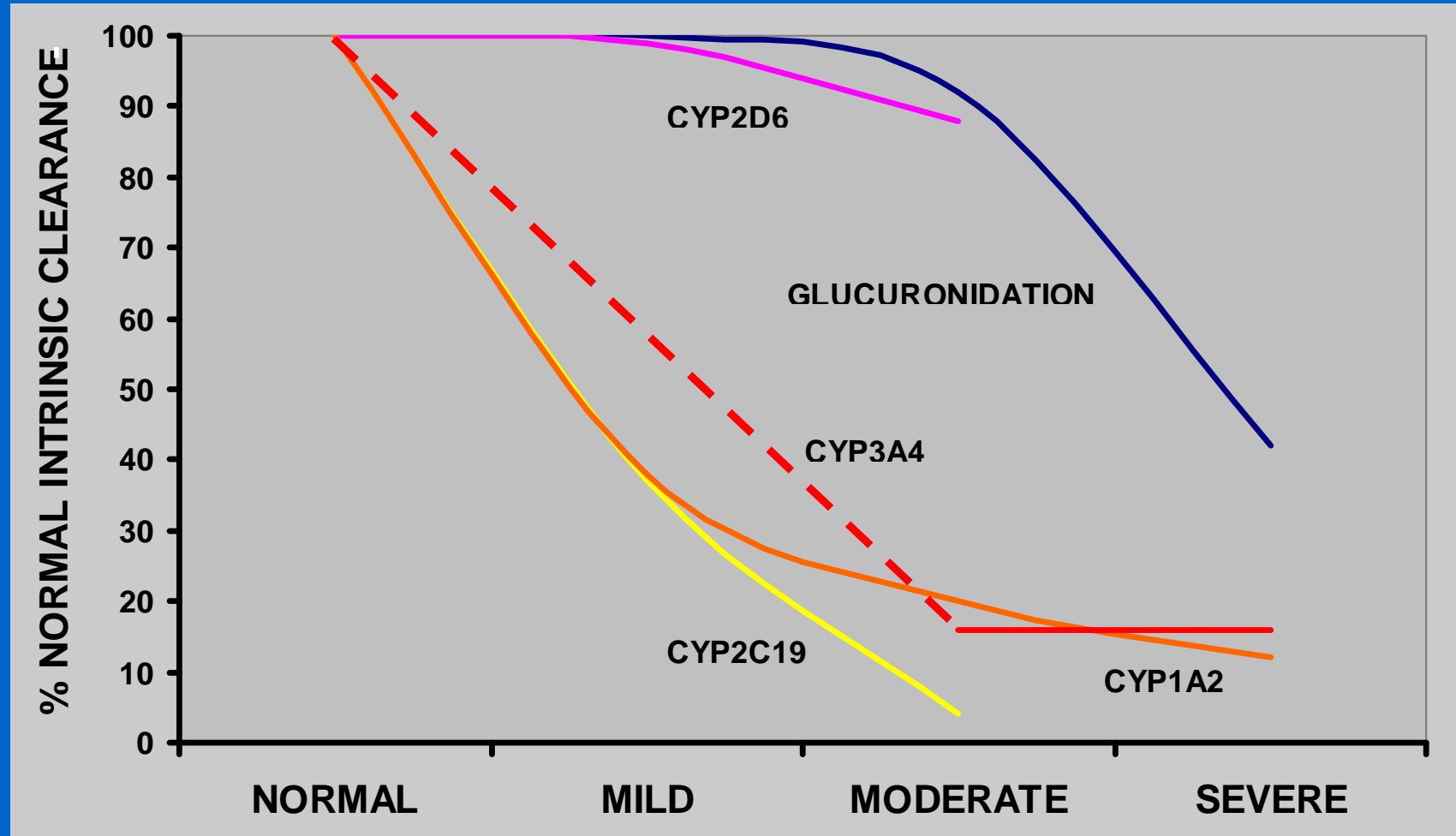
RELATIVE HEPATIC CONTENT OF  
CYP ENZYMES



% DRUGS METABOLIZED BY  
CYP ENZYMES



# *RESTRICTIVELY* Metabolized Drugs: Effect of **CIRRHOSIS** on $CL_{int}$



# ***PUGH-CHILD CLASSIFICATION***

## **Of Liver Disease Severity**

| <b>ASSESSMENT<br/>PARAMETERS</b>                   | <b>ASSIGNED SCORE</b> |                  |                 |
|--|-----------------------|------------------|-----------------|
|  | <b>1 POINT</b>        | <b>2 POINTS</b>  | <b>3 POINTS</b> |
| <b>ENCEPHALOPATHY GRADE</b>                        | <b>0</b>              | <b>1 or 2</b>    | <b>3 or 4</b>   |
| <b>ASCITES</b>                                     | <b>ABSENT</b>         | <b>SLIGHT</b>    | <b>MODERATE</b> |
| <b>BILIRUBIN (mg/dL)</b>                           | <b>1 – 2</b>          | <b>2 – 3</b>     | <b>&gt; 3</b>   |
| <b>ALBUMIN (gm/dL)</b>                             | <b>&gt; 3.5</b>       | <b>2.8 – 3.5</b> | <b>&lt; 2.8</b> |
| <b>PROTHROMBIN TIME<br/>(seconds &gt; control)</b> | <b>1 – 4</b>          | <b>4 – 10</b>    | <b>&gt; 10</b>  |
| <b>CLASSIFICATION OF CLINICAL SEVERITY</b>         |                       |                  |                 |
| <b>CLINICAL SEVERITY</b>                           | <b>MILD</b>           | <b>MODERATE</b>  | <b>SEVERE</b>   |
| <b>TOTAL POINTS</b>                                | <b>5 – 6</b>          | <b>7 – 9</b>     | <b>&gt; 9</b>   |



# Correlation of Lab Test Results with Impaired CYP Enzyme Function

## The Central Problem:

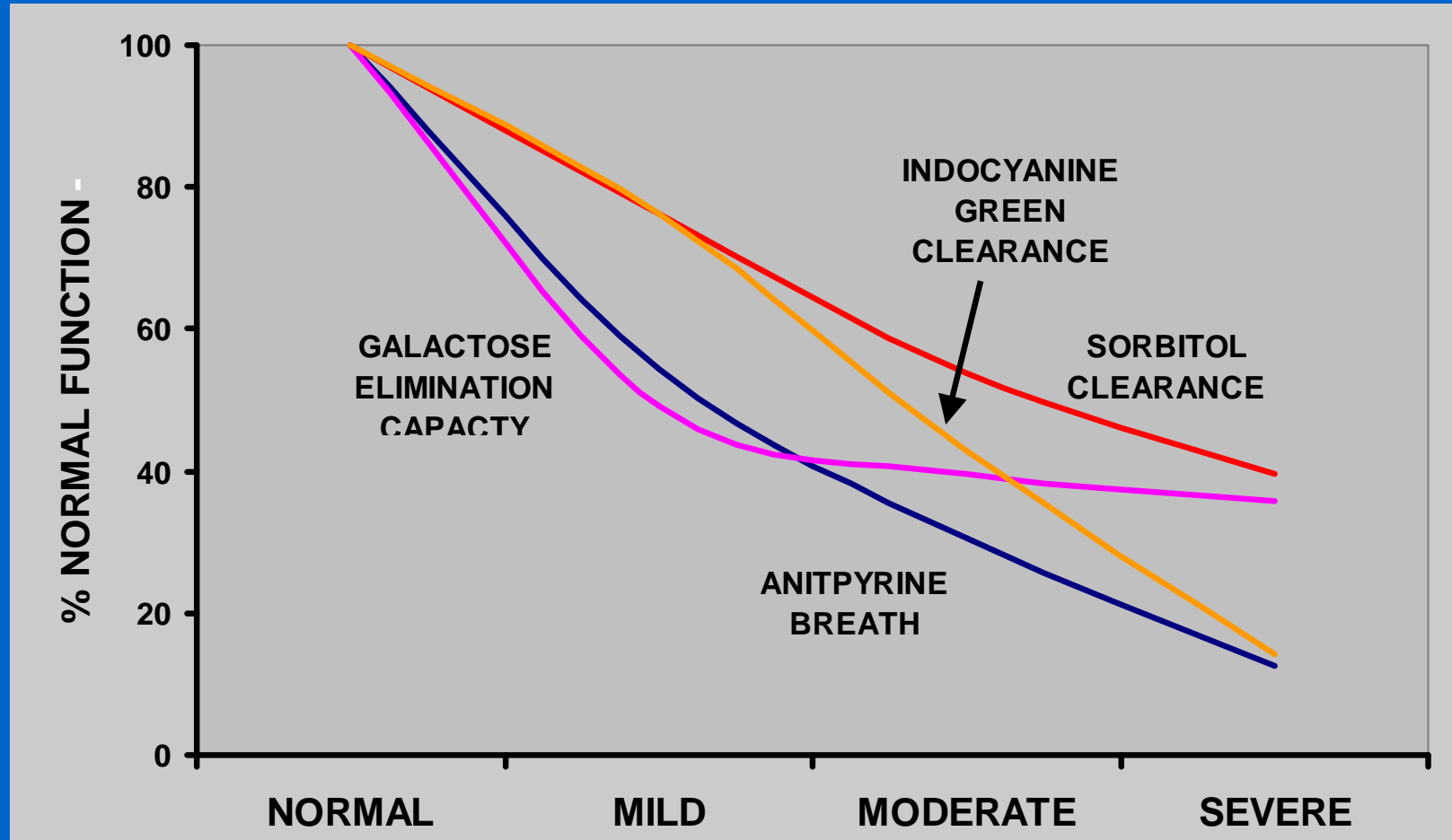
*There is **no laboratory test of liver function** that is as useful for guiding drug dose adjustment in patients with liver disease as is the estimation of creatinine clearance in patients with impaired renal function.*

# Correlation of *LAB TEST* Results with Impaired *CYP ENZYME* Function\*

| DRUG         | ENZYME(S)         | LABORATORY TEST |    |           |
|--------------|-------------------|-----------------|----|-----------|
|              |                   | ALBUMIN         | PT | BILIRUBIN |
| “A”          | CYP2C9            | X               |    |           |
| “B”          | NOT GIVEN         | X               |    |           |
| ATORVASTATIN | CYP3A4            | X               | X  | X         |
| LANSOPRAZOLE | CYP3A4 + CYP 2C19 |                 | X  |           |

\* From Bergqvist et al. Clin Pharmacol Ther 1999;62:365-76.

# Correlation of *SPECIAL TESTS* of Liver Function with *CHILD-PUGH SCORES*\*



\* Data from Herold C, et al. Liver 2001;21:260-5.

## ***“PITTSBURGH COCKTAIL” Approach\****

| <b>DRUG</b>          | <b>ENZYME</b>        |
|----------------------|----------------------|
| <b>CAFFEINE</b>      | <b>CYP 1A2</b>       |
| <b>CHLORZOXAZONE</b> | <b>CYP 2E1</b>       |
| <b>DAPSONE</b>       | <b>CYP 3A + NAT2</b> |
| <b>DEBRISOQUIN</b>   | <b>CYP 2D6</b>       |
| <b>MEPHENYTOIN</b>   | <b>CYP 2C19</b>      |

**\* From: Frye RF, et al. Clin Pharmacol Ther 1997;62:365-76**

# *RESTRICTIVELY* Metabolized Drugs:

## Effects of **Liver Disease**

$$CL_H = f_u CL_{int}$$

|                        | $CL_H$ | FREE CONC. |
|------------------------|--------|------------|
| ↓ ALBUMIN              | ↑      | NO CHANGE  |
| ↓ $CL_{int}$           | ↓      | ↑          |
| PORTOSYSTEMIC SHUNTING | ↓      | ↑          |

# Effects of *HEPATIC SHUNTING* on ROWLAND EQUATION\*

$$CL_H = \left( \frac{Q_P}{Q_T} \right) \left( \frac{Q_T f_u CL_{int}}{Q_T + f_u CL_{int}} \right)$$

$Q_T$  = TOTAL BLOOD FLOW TO LIVER

$Q_P$  = BLOOD FLOW PERFUSING LIVER

$Q_T - Q_P$  = SHUNT BLOOD FLOW

**FOR RESTRICTIVELY ELIMINATED DRUGS:**

$$Q_T \gg f_u CL_{int}, \quad CL_H = (Q_P/Q_T) f_u CL_{int}$$

\* From: McLean A, et al. Clin Pharmacol Ther 1979;25:161-6.

# ***RESTRICTIVELY* Metabolized Drugs: Effects of Hepatic Shunting\***

| <b>SEVERITY</b>             | <b><math>Q_T</math><br/>(mL/min)</b> | <b><math>Q_P</math><br/>(mL/min)</b> | <b><math>Q_P/Q_T</math><br/>(%)</b> | <b>ANTIPYRINE<br/><math>CL_H</math><br/>(mL/min)</b> |
|-----------------------------|--------------------------------------|--------------------------------------|-------------------------------------|--|
| <b>MODERATE</b>             | <b>1.26</b>                          | <b>0.92</b>                          | <b>73</b>                           | <b>27.1</b>  |
| <b>SEVERE</b>               | <b>0.72</b>                          | <b>0.20</b>                          | <b>28</b>                           | <b>10.3</b>  |
| <b>SEVERE/<br/>MODERATE</b> | <b>0.57</b>                          | <b>0.22</b>                          | <b>0.38</b>                         | <b>0.38</b>  |

**\* From: McLean A, et al. Clin Pharmacol Ther 1979;25:161-6.**

# ***NON-RESTRICTIVELY* Metabolized Drugs:** Effects of **Liver Disease**

$$CL_H = Q$$

|                     | $CL_H$      | F           |
|---------------------|-------------|-------------|
| ↓ ALBUMIN           | NO CHANGE*  | NO CHANGE   |
| ↓ $CL_{int}$        | “NO CHANGE” | “NO CHANGE” |
| ↓ HEPATIC PERFUSION | ↓↓          | ↑↑          |

**\* HOWEVER, NOTE THAT FREE CONCENTRATION IS ↑**



# *NON-RESTRICTIVELY* Metabolized Drugs: Effects of **Liver Disease**

$$CL_H = Q$$

|                     | $CL_H$      | F           |
|---------------------|-------------|-------------|
| ↓ ALBUMIN           | NO CHANGE*  | NO CHANGE   |
| ↓ $CL_{int}$        | “NO CHANGE” | “NO CHANGE” |
| ↓ HEPATIC PERFUSION | ↓↓          | ↑↑          |

**HOWEVER,  $f_u CL_{int}$  MAY NO LONGER BE  $\gg Q$**

# ***NON-RESTRICTIVELY* Metabolized Drugs:** Effects of **Liver Disease**

$$CL_H = Q$$

|                     | $CL_H$      | F           |
|---------------------|-------------|-------------|
| ↓ ALBUMIN           | NO CHANGE*  | NO CHANGE   |
| ↓ $CL_{int}$        | “NO CHANGE” | “NO CHANGE” |
| ↓ HEPATIC PERFUSION | ↓↓          | ↑↑          |

# Effects of **Hepatic Shunting** on Rowland Equation\*

$$CL_H = \left( \frac{Q_P}{Q_T} \right) \left( \frac{Q_T f_u CL_{int}}{Q_T + f_u CL_{int}} \right)$$

$Q_T$  = TOTAL BLOOD FLOW TO LIVER

$Q_P$  = BLOOD FLOW PERFUSING LIVER

$Q_T - Q_P$  = SHUNT BLOOD FLOW

**FOR NON-RESTRICTIVELY ELIMINATED DRUGS:**

$$f_u CL_{int} \gg Q_T, \quad CL_H = (Q_P/Q_T) Q_T = Q_P$$

\* From: McLean A, et al. Clin Pharmacol Ther 1979;25:161-6.

# ***NON-RESTRICTIVELY*** Metabolized Drugs: Effects of **Decreased Liver Perfusion**\*

| <b>SEVERITY</b>             | <b><math>Q_T</math></b><br><b>(mL/min)</b> | <b><math>Q_P</math></b><br><b>(mL/min)</b> | <b><math>Q_P/Q_T</math></b><br><b>(%)</b> | <b>ICG <math>CL_H</math></b><br><b>(mL/min)</b> |
|-----------------------------|--|--|---|---|
| <b>MODERATE</b>             | <b>1.26</b>                                | <b>0.92</b>                                | <b>73</b>                                 | <b>766</b>                                      |
| <b>SEVERE</b>               | <b>0.72</b>                                | <b>0.20</b>                                | <b>28</b>                                 | <b>182</b>                                      |
| <b>SEVERE/<br/>MODERATE</b> | <b>0.57</b>                                | <b>0.22</b>                                | <b>0.38</b>                               | <b>0.24</b>                                     |

\* From: McLean A, et al. Clin Pharmacol Ther 1979;25:161-6.

# Influence of *PORTOSYSTEMIC SHUNTING* on **Oral Bioavailability** (F)

## *RESTRICTIVELY* Eliminated Drugs:

Little change

## *NON-RESTRICTIVELY* Eliminated Drugs:

***SHUNTING* may markedly increase extent  
of drug absorption (F)**

# **CIRRHOSIS** Affects Exposure to Some *NON-RESTRICTIVELY* Metabolized Drugs

|             | ABSOLUTE BIOAVAILABILITY |                   | RELATIVE EXPOSURE<br>CIRRHOTICS/CONTROL |      |
|-------------|--------------------------|-------------------|---|------|
|             | CONTROLS<br>(%)          | CIRRHOTICS<br>(%) | IV                                      | ORAL |
| MEPERIDINE  | 48                       | 87                | 1.6                                     | 3.1  |
| PENTAZOCINE | 18                       | 68                | 2.0                                     | 8.3  |
| PROPRANOLOL | 38                       | 54                | 1.5*                                    | 2.0* |

\* THIS ALSO INCORPORATES 55% INCREASE IN PROPRANOLOL  $f_u$

# CIRRHOSIS Affects Renal Function: The Hepatorenal Syndrome

- \* *Risk* in Patients with Cirrhosis, Ascitis, and GFR > 50 mL/min:
  - 18% within 1 year
  - 39% within 5 years
- \* *Predictors* of Risk:
  - Small liver
  - Low serum albumin
  - High plasma renin
- \* Cockcroft and Gault Equation may *overestimate* renal function

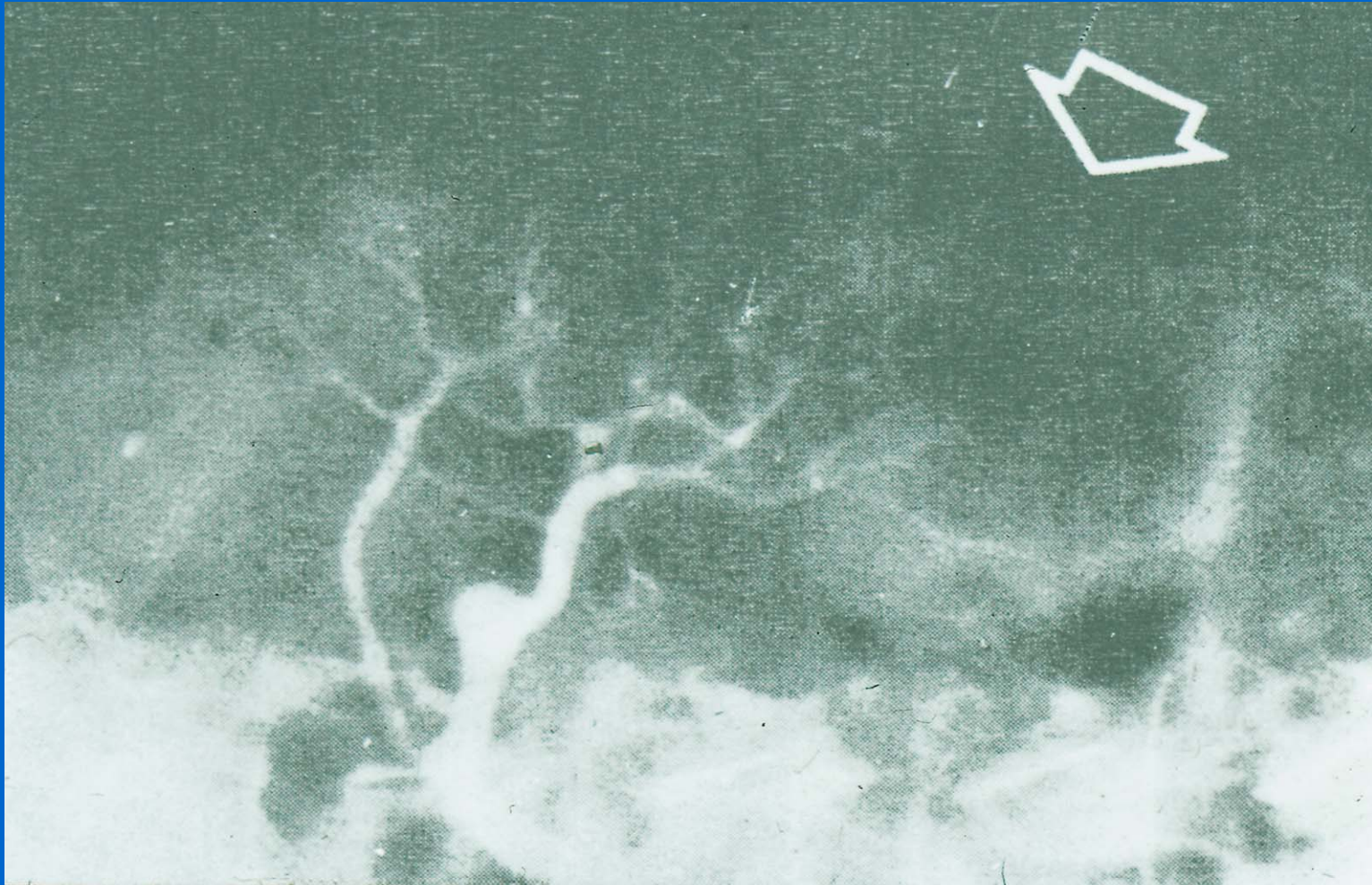
# CIRRHOSIS Affects Renal Function: The Hepatorenal Syndrome

- \* The Syndrome has a *FUNCTIONAL* rather than an Anatomical Basis.



# HEPATORENAL SYNDROME

## *ANTEMORTEM* Arteriogram



# HEPATORENAL SYNDROME

## *POSTMORTEM* Arteriogram





# **CIRRHOSIS Affects Renal Function: The Hepatorenal Syndrome**

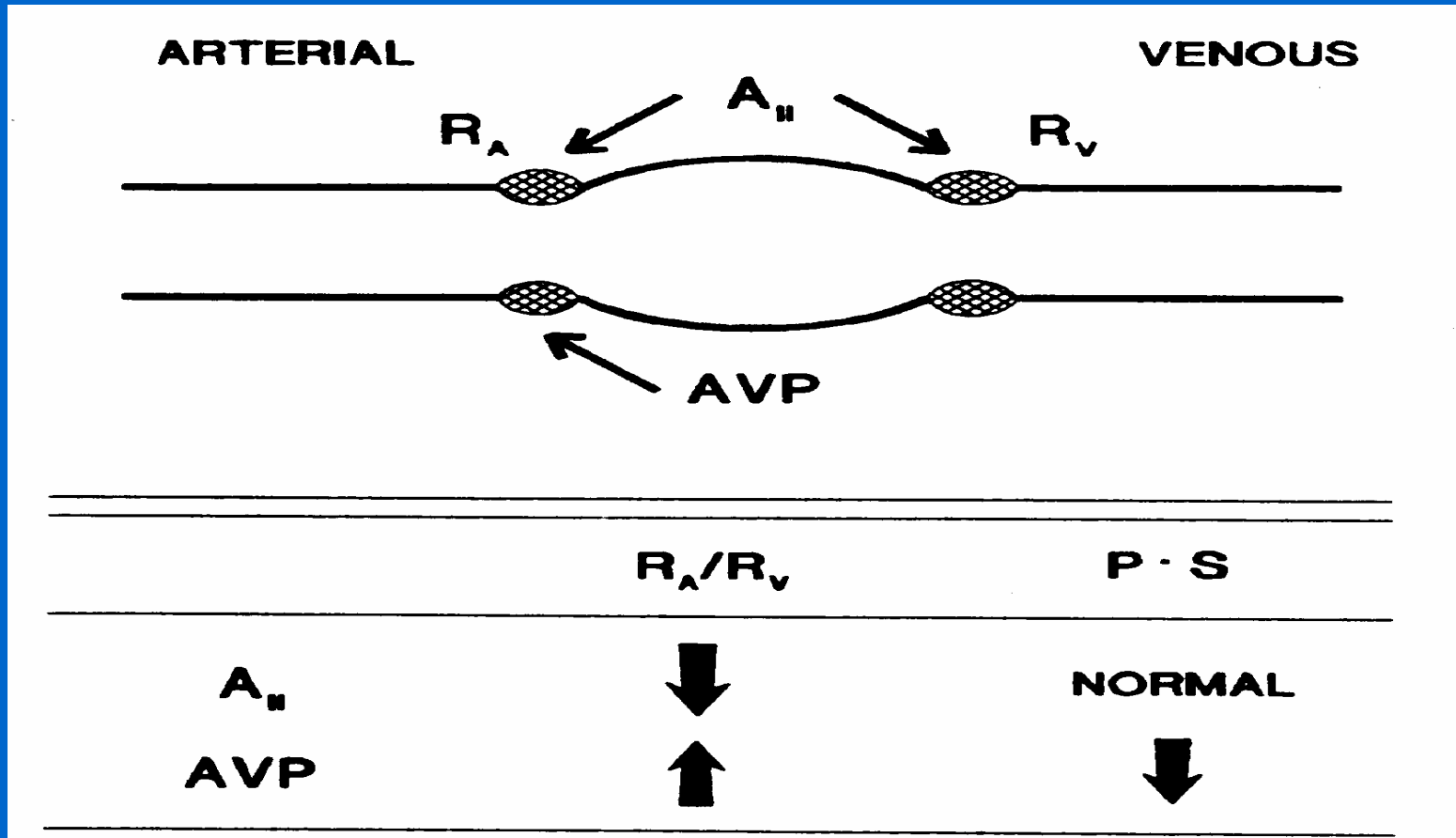
- \* Therapy with some drugs *may precipitate* Hepatorenal Syndrome**

**ACE Inhibitors**

**NSAIDs**

**Furosemide (High Total Doses)**

# Different *MICROCIRCULATORY ACTIONS* of **Angiotensin II and AVP\***



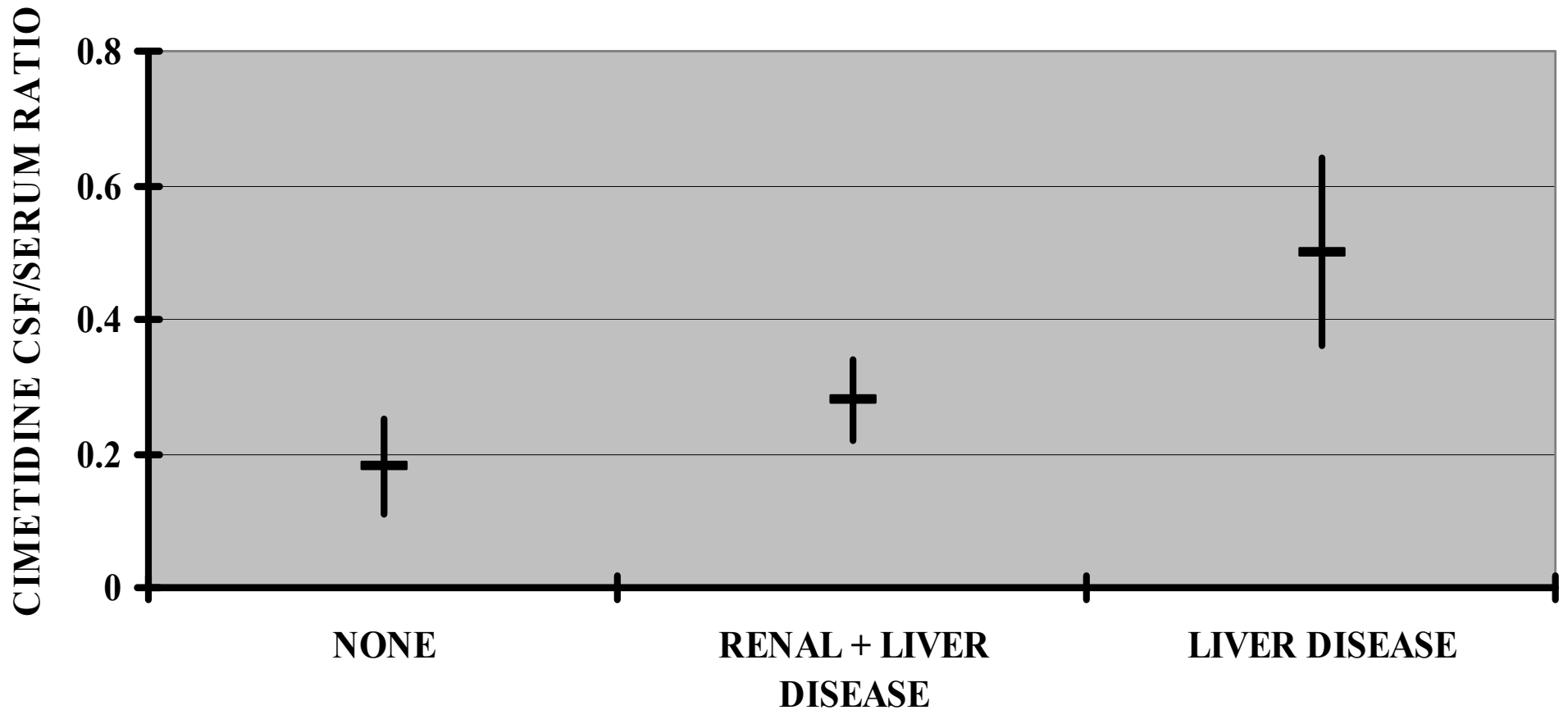
\* From Atkinson AJ Jr: The Pharmacologist 1989;31:229-34.

# CIRRHOSIS May Affect *Drug Distribution*

- \* **Increased *Free Concentration*** of  
*NON-RESTRICTIVELY* Eliminated Drugs  
(e.g. PROPRANOLOL)
- \* **Increased Permeability** of *Blood:CNS Barrier*  
(e.g. CIMETIDINE)

# **CIRRHOSIS Affects Drug Distribution:**

## **Increased CNS Penetration of Cimetidine\***



\* From Schentag JJ, et al. Clin Pharmacol Ther 1981;29:737-43

# CIRRHOSIS may affect *PHARMACODYNAMICS*

- \* Sedative response to *BENZODIAZEPINES* is exaggerated
- \* Response to *LOOP DIURETICS* is reduced

# Drug Dosing in Patients with **LIVER DISEASE**

## The Central Problem:

*There is **no laboratory test of liver function** that is as useful for guiding drug dose adjustment in patients with liver disease as is the estimation of creatinine clearance in patients with impaired renal function.*



# ***PUGH-CHILD CLASSIFICATION*** **of Liver Disease Severity**

| <b>ASSESSMENT<br/>PARAMETERS</b>                   | <b>ASSIGNED SCORE</b> |                  |                 |
|--|-----------------------|------------------|-----------------|
|  | <b>1 POINT</b>        | <b>2 POINTS</b>  | <b>3 POINTS</b> |
| <b>ENCEPHALOPATHY GRADE</b>                        | <b>0</b>              | <b>1 or 2</b>    | <b>3 or 4</b>   |
| <b>ASCITES</b>                                     | <b>ABSENT</b>         | <b>SLIGHT</b>    | <b>MODERATE</b> |
| <b>BILIRUBIN (mg/dL)</b>                           | <b>1 – 2</b>          | <b>2 – 3</b>     | <b>&gt; 3</b>   |
| <b>ALBUMIN (gm/dL)</b>                             | <b>&gt; 3.5</b>       | <b>2.8 – 3.5</b> | <b>&lt; 2.8</b> |
| <b>PROTHROMBIN TIME<br/>(seconds &gt; control)</b> | <b>1 – 4</b>          | <b>4 – 10</b>    | <b>&gt; 10</b>  |
| <b>CLASSIFICATION OF CLINICAL SEVERITY</b>         |                       |                  |                 |
| <b>CLINICAL SEVERITY</b>                           | <b>MILD</b>           | <b>MODERATE</b>  | <b>SEVERE</b>   |
| <b>TOTAL POINTS</b>                                | <b>5 – 6</b>          | <b>7 – 9</b>     | <b>&gt; 9</b>   |

# Drugs *CONTRAINDICATED* in Patients with **Severe Liver Disease**

\* *May precipitate renal failure:*

- NSAIDs
- ACE Inhibitors

\* *Predispose to bleeding:*

- $\beta$ -LACTAMS with *N*-Methylthiotetrazole Side Chain  
(e.g. CEFOTETAN)

# Drug Requiring $\geq 50\%$ *Dose Reduction* in Patients with **MODERATE CIRRHOSIS**

|                           | CHANGE IN CIRRHOSIS |                 |
|---------------------------|---------------------|-----------------|
|                           | F                   | CL <sub>E</sub> |
| <b>ANALGESIC DRUGS</b>    |                     |                 |
| <b>Morphine</b>           | ↑ <b>213%</b>       | ↓ <b>59%</b>    |
| <b><u>Meperidine</u></b>  | ↑ <b>94%</b>        | ↓ <b>46%</b>    |
| <b><u>Pentazocine</u></b> | ↑ <b>318%</b>       | ↓ <b>50%</b>    |

# Drugs Requiring $\geq 50\%$ *Dose Reduction* in Patients with **MODERATE CIRRHOSIS**

|                          | CHANGE IN CIRRHOSIS |                 |
|--------------------------|---------------------|-----------------|
|                          | F                   | CL <sub>E</sub> |
| <b>CARDIOVASC. DRUGS</b> |                     |                 |
| <u>Propafenone</u>       | ↑ 257%              | ↓ 24%           |
| <u>Verapamil</u>         | ↑ 136%              | ↓ 51%           |
| <u>Nifedipine</u>        | ↑ 78%               | ↓ 60%           |
| <u>Losartan</u>          | ↑ 100%              | ↓ 50%           |

# Drugs Requiring $\geq 50\%$ *Dose Reduction* in Patients with **MODERATE CIRRHOSIS**

|                   | CHANGE IN CIRRHOSIS |                 |
|-------------------|---------------------|-----------------|
|                   | F                   | CL <sub>E</sub> |
| OTHER DRUGS       |                     |                 |
| <u>Omeprazole</u> | ↑ 75%               | ↓ 89%           |
| <u>Tacrolimus</u> | ↑ 33%               | ↓ 72%           |

# *Recommended* Evaluation of Pharmacokinetics in **Liver Disease** Patients\*

## *REDUCED* Study Design:

- Study Control Patients and Patients with *Child-Pugh Moderate Impairment*
- Findings in Moderate Category *Applied to Mild* Category; *Dosing Prohibited in Severe* Category

## *FULL* Study Design:

- Study Control Patients and Patients in *All Child-Pugh Categories*
- Population PK Approach

\* FDA Clinical Pharmacology Guidance, May 2003